

### **SENDING MAIL?**

If you are sending mail to a loved one, please include patient's name on the envelope as well as a complete return address with your name included. If you are sending a money order or check, it MUST include the name of the patient, person sending the funds, and a return address. You can only send funds to your loved one.

### **FAMILY EDUCATION**

Family Education Meetings are scheduled for the THIRD Friday of each month from 3:00 pm - 3:30 pm

Zoom ID: 545 674 8107

## **VISITATION POLICY**

- Visitation will be by appointment only. Please contact your loved one's social worker to schedule.
- All visitors must be 18 years or older.
- Visitation hours will be on Saturdays and Sundays from 9:00 am to 11:00 am and from 1:30 pm to 2:30 pm.
- Sessions will be limited to 30 minutes a time-slot per patient. Please arrive on time.
- All visitors will be provided an approved mask upon admission into the hospital. Masks must be kept on at all times by visitor and patient. Visitors will be screened to include going through a security screening checkpoint to monitor current temperature.
- Limited to one visitor at a time for each patient. Only the visitor immediately meeting with the
  patient will be admitted to the facility. Remaining persons/family members who wish to visit must
  wait in their vehicle until it is their turn to visit. Picture identification is required. No personal
  items will be allowed. No food, drinks, or gifts/packages allowed.
- Once granted entrance to the hospital, all visitors will be required to sanitize their hands prior to being escorted to the visitation area.
- Social distancing will be required along with no physical contact.
- Please see next page for visitation schedule for the month of March.

### **MARCH VISITATION SCHEDULE**

Please contact your loved one's social worker (see below) to schedule a visit at least one week prior to the desired visitation day.

- DREAM 03/06/21 & 03/07/21
- BEST 03/13/21 & 03/14/21
- CARE 03/20/21 & 30/21/21

# NATIONAL SOCIAL WORK MONTH

This month, join us and the rest of THSMF in celebrating social workers around the nation. This year, the National Association of Social Work 's theme is "Social Workers are Essential."

"Social workers are essential to community well-being. As practitioners, social workers are trained to help people address personal and systemic barriers to optimal living. They are employed to effect positive change with individuals, families, groups and entire communities."



### LET'S CELEBRATE

### **NATIONAL DOCTOR'S DAY!**



March 30 is Doctors' Day, an annua observance aimed at appreciating physicians who help save our lives everywhere.

#### **NATIONAL NUTRITION MONTH!**



National Nutrition Month® is an annual campaign created by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

### WE WANT TO ANSWER YOUR QUESTIONS

THSMF's Main Telephone number is (205) 462-4500. You may choose to use the automated system in which you select a number for the department and then the staff member you want to speak to. If you have a question related to treatment progress, Treatment Team meetings, visitation, etc. and want to speak with a social worker, you may call directly as listed below:

Lori Ellard, Director of Social Work (205) 462-4650

Melinda Bennett, Placement Coordinator (205) 462-4659

Brittany Hall, ACE Program (205) 462-4562

Takeshia Knox, ACE Program (205) 462 - 4653

Sarah Garner, BEST Program (205) 462-4656

Jessica Hanby, BEST Program (205) 462-4658

Chloe Tilley, CARE Program (205) 462-4543

Gabrielle Franklin, CARE Program (205) 462-4651

Brittney McCreary, DREAM Program (205)

462-4655